



**DIAMANT**  
SPA RESORT

★★★★S

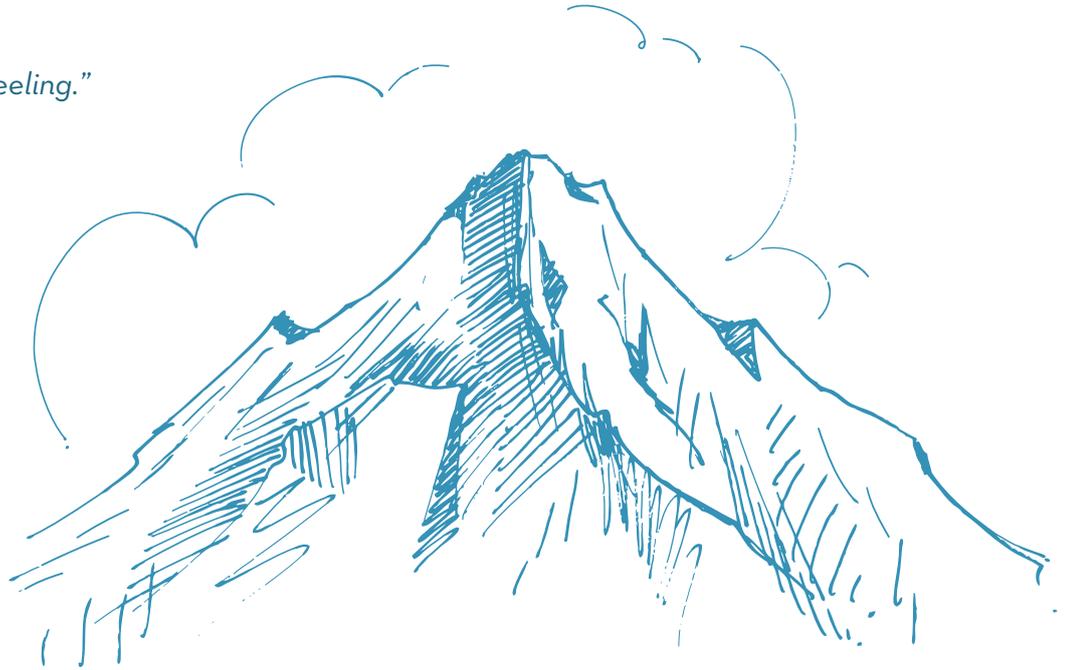
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**DOLOMITES SPA**  
COLLECTION

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*“Walking means to me, to get into nature.  
That’s why I ever walk slow, I almost never run...  
I walk to see, to feel, with all my senses.  
my soul goes into the trees,  
the meadows, the flowers.  
To me high mountains are a feeling.”*

**Reinhold Messner**



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# OUR PARTNERS

## GUINOT

Guinot: more than 50 years' experience in beauty treatments. This trademark is a brand leader in treatments. Guinot has developed exclusive and innovative treatments to reveal the beauty of every woman. The effectiveness of the treatments and the products made the trademark to a reference point for every SPA all over the world.



**GUINOT**  
INSTITUT • PARIS





# DOLOMITE SPA

Imagine to be in a place, where the sunlight shines through large windows and strokes your face. Remember the magical atmosphere and feel the nature: energy, grandeur, silence, peace. That is what you will find in this special place, where mind and soul will rediscover real emotions.

This is the wellness temple called **Dolomites SPA**.

Who is looking for innovation, naturalness and wellness, will find unique sensations and experiences in the Dolomites SPA.

Our inspiration has been the unique nature, from whom we get our precious and authentic strength. The intensity of our mountains, the Dolomites, give us vitality and make us one with our essence.

The history of the Dolomites is dated back 250 million of years, when they were born as a barrier reef and today they rise up to the sky, like white rock towers.

The concept of Dolomites SPA is based on the strength of the surrounding region, combining the ancient wisdoms with innovative techniques.

The fundamental principles of our wellness philosophy are:

Remember that everything that  
makes us feel good  
is just in the **NATURE** around us.

## DOLOMITE SPA

*Next to the treatments, you will find the symbols of the elements, which concerns this treatment.*



### **NATURE**

A rich interlacing of leaves and twigs recalls to the elements of earth and reproduces the strength of a great nature. Through this element you will regain your creativity and vitality.



### **HEAT**

The sun: source of life and energy. The sun gives us the warmth that goes and comes to and from the heart. Abandon yourself to the pleasant hands of our professionals and feel the stimulating and detoxifying effect.



### **DOLOMITES EARTH**

The Dolomites rock is the central point: it gives us strength and stability. Here we find balance and wisdom.



### **PURE AIR**

Spirit and soul are one with this mystical element. It helps to reduce stress.



### **DOLOMITES SOURCE WATER**

The Dolomites water is a source of life and wellness. In this element you will feel a unique lightness and will find harmony and tranquillity.



# FACE TREATMENTS

## GUINOT LINE

### Cleaning and detoxing treatment

Trattamento di pulizia e detossinazione

Hydraemic is a innovative treatment that cleans the skin in the depth. The active ingredients allow a deep cleaning of the skin. This exclusive treatment makes the skin look younger and more beautiful. The skin will look brighter, cleaner and compact.

🕒 55 min. € 95



### Hydradermie Plus

Smoothing and anti-effort treatment for the eye surrounding

This treatment has the same function as the Detox treatment, but it concentrates on the eye surrounding. This special serum makes the skin more elastic.

🕒 55 min. € 108



### Hydradermie Lift

Firming and lifting treatment for face and neck

Toning treatment for the face and neck muscles. It redraws the contours of the face, it highlights the cheekbones and brightens. A long lasting non surgical lifting.

🕒 55 min. € 105



## FACE TREATMENTS

### Hydradermie Deluxe

Detoxing, lifting and up firming treatment

Double anti age treatment: it joins the hydraemic detox treatment and the hydraemic Lift treatment. It has a three-dimensional action. It makes the skin look younger.

🕒 80 min. € 120



### Hydradermie Yeux

Specific treatment for the eye surrounding

This treatment enhances the non-aesthetic points in the surrounding eye, like wrinkles, eye bags and eye rings

🕒 45 min. € 75



### Age Summum

Manual anti-aging treatment with vitamin C and E

Manual anti-aging treatment with hyaluronic acid, that minimalizes wrinkles and makes the skin full and bright. It combats hyperpigmentation.

🕒 50 min. € 100



### Lift Summum

Manual lifting and up firming treatment

Manual anti-aging treatment with mahogany bark. It redraws the contours of the face and activates the production of collagen and elastin, for a lifting effect.

🕒 50 min. € 100



### Hydra Peeling

Manual brightening and peeling treatment

Manual treatment that renews the skin. The skin looks brighter and more luminous for a long time. Treatment for face, neck and décolleté.

🕒 50 min. € 95



# BODY

## Purifying Scrub

We purify the body with sea salt and aloe. We detox the skin and with the energy of aloe we make the skin silky and smooth.

🕒 25 min. € 45



## Alpine hay peeling

(for delicate skin we use a grape peeling)

Our mountain hay cleans the skin deeply and makes it bright and shiny.

🕒 25 min. € 45



## Scrub glycol

A scrub with glycol acid and micro granules. It rebuilds the skin and the cells. Better and brighter skin colour.

🕒 25 min. € 45



## Refreshing bandages

Refreshing bandages that take back the body to normal conditions.

A wellness and light feeling for the lower body. It detoxes the body. Ending with a relaxing massage.

🕒 50 min. € 75



### Shaping bandages

Shaping bandages that remodel the silhouette and bring it back to normal conditions. Accelerates the metabolism and shapes the body. Ending with a relaxing massage.

🕒 50 min. € 80



### Back relax

This treatment joins a deep massage and mud baths to relax the muscles. Perfect for relaxation of tense muscles.

🕒 50 min. € 80



# WELLNESS RITUALS BODY

## Detoxing and energizing chocolate treatment

Detoxing and energizing chocolate treatment

The intense aroma of chocolate will envelope you. A sweet peeling detoxes the skin. Then your body will be sprinkled with a sweet warm oil and our professional will massage you and dissolve the tension in your muscles.

The products that we use have a hydrating action for the skin and an anti-stressing action for the mind. This treatment activates the production of endorphin and serotonin and makes you feel happy.



## SPA Experience - Cleaning and brightening apple treatment

An apple exfoliating treatment for your body. We begin with a light peel to make the skin smooth and silky. Afterwards we massage the body with warm apple oil that brightens and promotes blood circulation.



## Body Energy - Relaxing pine treatment

The pine oil is known as "blessed oil" and is a natural revitalising essence. It improves blood circulation and relaxes muscles. This treatment contains a body exfoliant and a massage with pine oil.



### **Diamant ritual** - Relaxing and anti-aging grape treatment

The properties of grapes are many. This fruit is used in a lot of sectors, even in the cosmetic sector. The agents of grape make the skin more elastic. A light peeling with wine extract will make the skin silky and smooth. This formula renews the skin and detoxes it. The fruity perfume will relax your whole body.



### **Excellence** - Nutrition rice treatment

A delicate wellness treatment. The hydrating power of rice, the skin becomes smoother and softer. To this the power of rice will have an anti-aging action and the body will become solid and slim.



 80 min.  115



# DIAMOND PRIVATE SPA

In the Diamond Private SPA you can make a unique experience full of relaxation and wellness in a peaceful place. This place has been developed for romantic wellness. A reserved place for couples, made for living close and relaxing moments. In this area you will find a steam bath, a whirlpool for two and a double water bed.

## Love Emotion

The wellness experience for couples in an exclusive space. The route begins with a steam bath, where you receive mud for the body. This mud has a regenerating effect on your skin. A warm shower will remove the mud and you can retreat to the intimate experience of a couples bath. A bath with essential oils that will prepare you for an intense massage. The experience of our masseurs and the precious oil will lead you to absolute wellness. The ritual ends with the relax on the water beds drinking sparkling wine and eating fresh fruits.

🕒 110 min. € 170 per couple



## Trilogy of senses

Abandon yourself to pleasure and enjoy the perfect harmony. The treatment begins with a Turkish bath, followed by a relaxing couple massage. In the end we serve you a tisane, which you can enjoy lying on the water beds.

🕒 110 min. € 200 per couple



### Golden Time

Refined atmosphere, diffused light and sweet fragrances for a double immersion in wellness and couple life. A following of sensations and treatments for the absolute wellness feeling: an aromatic sugar and honey peeling for exfoliation supple and smooth skin. Then you will take a bath with aromas of milk and almonds. In the end you can relax yourself while listening to soft music, lying on our water beds and taste a great honey grappa.

🕒 80 min. € 170 per couple



### Rose bath

Bath with aromatic rose oil. Then relax on our water beds drinking a glass of Rossini.

🕒 55 min. € 100 per couple



### You & Me

An exclusive couple ritual that begins with a Turkish bath and goes on in a whirlpool with aromatic oils. In the end, the pleasant candle light atmosphere will lead you to unique tranquility on our water beds. The ritual will end taking a drink and eating a delicious snack.

🕒 80 min. (without treatment and without masseurs) € 120 per couple



# BATHS & RELAX

Water: the life giving element! Enjoy our whirlpool, where you can relax yourself during a warm bath with essential oil. Various types of baths of your choice:

## Sportive

A bath with essential oils that has a detoxing effect and helps remove the lactic acid. The perfect bath after a long skiing day or a walking day.



## Relax

A mix of essential oils that will help you relax your body. Harmonizing and calming effect.



## Draining

Improves elimination of water from the skin. Perfect to improve blood circulation.



## Milk and honey

A beauty bath with milk and oil, that makes the skin shine. This bath is perfect for people with dry skin. You will immerge in a bathtub full of milk, honey and essential oils.



🕒 25 min. € 50 for one person € 60 per couple

Before you get a compress, we suggest to make a peeling treatment. The effect will be better.



Effective compresses, body on the free-floating bed. The slow movement of the mat and the heat of the blanket will favour the relax and the absorption of the products. The body is floating, even if it's not in the water. The body absorbs the products in a completely natural way.

### Traditional hay bath

The hay bath is very popular in the region of South Tyrol. The bath is an ancient and natural cure. This ancient hay bath stimulates the blood circulation and relaxes the muscles. The muscle aches will be alleviated in a natural way. This treatment is not recommended in case of hay allergy or heart aches.

🕒 25 min. € 50



### Mud compresses

This compress is very effective because of the active ingredients contained in this mud. This mud helps to stimulate the metabolism and improves the blood circulation.

🕒 25 min. € 45



### Moisturizing compress

This compress is made of a moisturising cream with Aloe Vera, vitamin E and chamomile. This treatment is for people with dry and rough skin. With this treatment the skin will become smoother and moisturised.

🕒 25 min. € 40



# CLASSIC MESSAGES

## Relaxing massage

Calming massage for body and soul. Slow and deep movements, will calm the muscles and bring new energy to the body.

🕒 55 min. € 80 | 🕒 40 min. € 65



## Draining massage

Delicate massage that stimulates the lymphatic system and helps to drain the body.

🕒 55 min. € 80



## Sportive massage

The perfect massage after an intense sportive day. Massage made with the specific “post competition dolomitika” cream. The massage helps activate and improve the performance of the muscles.

🕒 55 min. € 80 | 🕒 25 min. € 56



## Massage with warm vanilla oil

Sensory massage with warm vanilla oil. You will get a completely wellness sensation.

🕒 55 min. € 80



## Relaxing and tension relieving

This massage will relax the muscles and improve the blood circulation.

🕒 55 min. € 85



## Up firming massage

A specific product will be applied on the affected regions of the body. The elimination of the toxins will be improved, due to the treatment and the special movements.

🕒 55 min. € 80



## Partial massages:

- Head and cervical massage
- Relaxing leg and feet massage

🕒 25 min. € 56



All massages are cosmetic.



# SPECIAL MESSAGES

## Candle Massage

A relaxing massage for body and soul. The skin will become smooth due to the warm vegetable butter. Abandon yourself to the beautiful sensation of the light, smooth vegetable butter, that we will spread on your skin. This will give new energy to your body and gives you a feeling of pure wellness.

🕒 55 min. 💰 € 90



## Thai massage

Stretching body massage for the muscles. With smooth pressure, the energy flow will be improved.

🕒 55 min. 💰 € 90



## Manhattan massage with coconut butter

This massage is made of two stages: in the first stage we make a deep muscular massage that energizes, in the second stage the massage will be very light and improves the blood circulation.

🕒 40 min. 💰 € 65



## Hot stone with honey and ginger oil

The hot stones have a wellness action on the body. They help to dissolve the tension of the muscles and improve the metabolism.

🕒 55 min. 💰 € 90



### Massage + brush Diamant with apple oil

The brush is a practice that improves the muscle tonus and the blood circulation. It cleans the skin and leaves it brighter and smoother. It drains the liquids. The reinvigorating massage ends the treatment.

🕒 55 min. € 90



### Reflexology massage

With specific movements we stimulate the reflexing points of the feet. This points allow us to bring back harmony and balance to the body.

🕒 40 min. € 63



### Massage with warm herb pads

The massage with warm herb pads is a very relaxing practice. The body will be massaged with a particular rhythm, using a warm herb pad.

🕒 55 min. € 120



# MEN'S SPA

## Hydradermie Detox

Cleaning and detoxing treatment

Hydraemic is a innovative treatment that cleans the skin in the depth. The active ingredients allow a deep cleaning of the skin. This exclusive treatment makes the skin look younger and more beautiful. The skin will look brighter, cleaner and compact.

🕒 55 min. 💶 95



## Hydra Peeling

Manual brightening and peeling treatment

Manual treatment that renews the skin. The skin looks brighter and more luminous for a long time. Treatment for face, neck and décolleté.

🕒 50 min. 💶 95



## Back relax

This treatment joins a deep massage and mud baths to relax the muscles. Perfect for relax of tense muscles.

🕒 50 min. 💶 80



## Body Energy - Relaxing pine treatment

The pine oil is known as “blessed oil” and is a natural revitalising essence. It improves blood circulation and relaxes muscles. This treatment contains a body peeling and a massage with pine oil.

🕒 80 min. 💶 115



### Sportive

A bath with essential oils that has a detoxing effect and helps remove the lactic acid. The perfect bath after a long skiing day or a walking day.

🕒 25 min. € 50



### Relaxing massage

This particular massage will relax the muscles and improve the blood circulation.

🕒 55 min. € 80 | 🕒 40 min. € 65



### Up firming massage

A specific product will be applied on the affected regions of the body. The elimination of the toxins will be improved, due to the treatment and the special movements.

🕒 55 min. € 85



### Thai massage

Stretching body massage for the muscles. With smooth pressure, the energy flow will be improved.

🕒 55 min. € 90



# KIDS SPECIAL

From 5 to 14 years

## Chocolate massage

Relaxing massage with the sweet taste of cocoa. A very greedy treatment!

🕒 25 min. 💰 48



## Honey massage

Aromatic honey massage.

🕒 25 min. 💰 48



## Girl & Boy Face

Treatment for young skin. We will use specific products for specific skin. The products are with raspberries, with milk, or we use light scrubs.

🕒 50 min. 💰 70





## BEAUTY SERVICE

<b>Beauty pedicure</b>	€ 59
<b>SPA pedicure</b> - scrub + mask	€ 70
<b>Beauty manicure</b>	€ 50
<b>SPA manicure</b> - scrub + mask	€ 65
<b>Epilation</b> - total (legs + groin + armpits)	€ 75
<b>Correction</b> - Eyebrow	€ 30
<b>Dyeing</b> - Eyebrow	€ 21
<b>Solarium</b>	€ 18

## WELLNESS PROGRAMS

<b>Diamond</b> • 1 Alpine hay peeling (in case of allergy we will use a grape peeling) • 1 Ritual Diamant • 1 Hydraemic Plus	€ 220
<b>Pleasure for two</b> • 1 Love Emotion • Rose bath • 2 Relaxing massages with a duration of 40 minutes	€ 310
<b>Sportive</b> • 1 Body Energy • 1 Sportive bath 1 Back relax • 1 Up firming massage	€ 255
<b>Beauty Kids</b> • 1 Chocolate massage • 1 Girl & Boy Face	€ 110
<b>Body &amp; Soul</b> • 1 SPA Experience • 1 Milk and honey bath 1 Candle Massage • 1 Hydra Peeling	€ 270

# DAY SPA

## INCLUDED IN THE PRICE:

- **Rental** of bath towels
- **Rental** of bathrobe and slippers
- Use of the **Dolomites SPA** with saunas, swimming pools and fitness room
- **Juices and teas**

Entry and use of Dolomites SPA:  
(from 2 pm) € 55

Weekend  
(Saturdays, Sundays and holidays) € 65



# DOLOMITES SPA INFO

## Reservations

Dear guests, we recommend you reserve your treatments before your arrival. You can reserve the best time for your treatments. Of course, we will send you your treatment program via e-mail.

We will take your reservation under this address and phone: info@diamantsparesort.it - T: +39 0471 796 780.

## Showing

We are excited for your arrival and want to help you achieve the ultimate SPA experience. We suggest that you arrive 5 minutes before the time of your treatment so that we do not have to reduce the time of your treatment.

## Suggestions

Please let us know your wishes, so we will be pleased to make the perfect wellness treatment program for you.

## SPA etiquette

Please mind that the wellness area is a relaxing and quiet area. We beg you to respect the other guests and their relaxing experience.

Please don't run and don't play in the swimming pool/whirlpool area. We ask the parents to keep an eye on your children, to respect the solitude of the other guests.

## In case of cancellation

It is possible to cancel or change the time of the treatment for free till 24 hours before treatment. If the cancellation occurs later than 24 hours before treatment, we will charge the total amount of the treatment.

## SPA Dress

Please show up to the treatment wearing your bathrobe. For a change of the bathrobe we will charge € 10,-. In the wellness area you will find bath towels for the use in the wellness area. For the environment please use a maximum of two towels per person.

## For adults only

The sauna is for adults only. So please don't take your kids in the sauna with you. The sauna is meant to be used naked.



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★★★★S

Via J. Skasa 1  
I - 39047 S. Cristina | Val Gardena (BZ)  
Dolomiti - Alto Adige - Südtirol  
T +39 0471 796 780  
[www.diamantsparesort.it](http://www.diamantsparesort.it)  
[info@diamantsparesort.it](mailto:info@diamantsparesort.it)